

S

A

M

P

Ma

ssment Form

RA Ref No: MH01

Assessor

John Smith

Assessment Date

22nd February 2012

Review Dates / Initials

21/02/13

Name of employee assessed:

Job/role

Widget Assembler/Packer

Hz No.	Are the Loads	Details
L1	Heavy	General individual item less than 1Kg. Full boxes 50Kg
L2	Bulky or unwieldy	Widgets are small and handle
L3	Difficult to grasp/hold	Slippery when o
L4	Unstable/unpredictable	NA
L5	Harmful – hot/sharp	NA

Existing controls	Further controls / action
No need to lift full boxes. Boxes loaded at level for forklift to move	NA
Small items	NA
None	Operatives to be given gloves with grips on fingertips
NA	NA
NA	NA

Hz No.	The individual: Does the job -	Details
I1	Require unusual strength or capability	No – see L1
I2	Call for special training/equipment	Training on assembly gi work starts.
I3	Pose a risk for pregnant workers	None. This worker is e currently in first trim
I4	Pose a risk to those with a health problem or physical or learning difficulty	No

Existing controls	Further controls / action
NA	NA
NA	Operatives to given gloves with grips on fingertips
Operatives can be seated during task. Chair swivels as needed. See E1	Recommend regular checks as per MHSW Regs for pregnant workers
NA	

Probability (P)	5=very likely, 4=likely, 3=quite possible, 2=possible, 1=
Severity (S)	5=fatal, 4=severe, 3=moderate, 2=slight, 1=negligible
Risk (R)	0-8=low risk, no action required. 9-15=medium risk, en

use. 16-25=high risk, stop operation & implement control measures

S
A
M
P
L
E

Hz No.	Does the Task involve:-	Details	Existing controls	Further controls / action
T1	Holding loads away from the body	Seated at bench, items h arms length	Small items, lightweight	Recommend regular checks as per MHSW Regs for pregnant workers. As pregnancy continues, operative will be unable to reach bench easily. New working method may be needed
T2	Twisting	No – operative has sw	Swivel chair	
T3	Stooping	No	NA	
T4	Reaching upwards	No	NA	
T5	Large vertical movement – i.e. squat to stretch	No	NA	
T6	Carrying long distances	No	NA	
T7	Strenuous pushing or pulling	No	NA	
T8	Unpredictable movement of the load – i.e. liquids	No	NA	
T9	Repetitive handling	Yes	NA	
T10	Handling driven by a process i.e. conveyor belt	Yes but operative is part	Machine belt is set to speed to allow assemblers time to pack each widget	Recommend regular checks as per MHSW Regs for pregnant workers
T11	Insufficient time to rest	As above	Machine belt is set to speed to allow assemblers time to pack each widget	Recommend regular checks as per MHSW Regs for pregnant workers

Probability (P)	5=very likely, 4=likely, 3=quite possible, 2=possible, 1=
Severity (S)	5=fatal, 4=severe, 3=moderate, 2=slight, 1=negligible
Risk (R)	0-8=low risk, no action required. 9-15=medium risk, en use. 16-25=high risk, stop operation & implement control measures

H _z No.	In the working Environment, are there:-	Details
E1	Constraints on posture – i.e. room to stand	No – operative has swivel chair
E2	Variations in levels i.e. stairs or ramps	No - at work bench
E3	Hot/cold/humid conditions	Works area climate controlled
E4	Strong air movements - wind	No
E5	Poor lighting conditions	No. Bench has overhead lighting

Probability (P)	5=very likely, 4=likely, 3=quite possible, 2=possible, 1=unlikely
Severity (S)	5=fatal, 4=severe, 3=moderate, 2=slight, 1=negligible
Risk (R)	0-8=low risk, no action required. 9-15=medium risk, ensure controls are in place. 16-25=high risk, stop operation & implement control measures

S
A
M
P
L
E

Existing controls	Further controls / action
Operative has swivel chair	Recommend regular checks as per MHSW Regs for pregnant workers. As pregnancy continues, operative will be unable to reach bench easily. New working method may be needed
