

Talk No. 5		Protection	
Start time		End	Duration

1. **Introduction:**

- 1.1 Noise induced hearing loss is a common occupational health hazard there is, and it is incurable. If you stay deaf.

2. **Main Points:**

- 2.1 Compressors, condenser mics, kango's, etc. can all damage your hearing.
- 2.2 You do not have to be directly affected by it, just be in the vicinity.
- 2.3 If you have to shout enough to warrant taking a break, the noise level can be regarded as high.

3. **Points to remember:**

- 3.1 Wear ear protection if exposed to a noise hazard (obey noise hazard warning signs).
- 3.2 Wear proper ear protection and ensure it is worn properly (i.e. cotton wool is no good for ear protection and does not fit over a balaclava).
- 3.3 If ear plugs are used, ensure they have a good fit, are fitted properly, and are kept clean.
- 3.4 Keep reusable ear protection clean.
- 3.5 Ear muffs must be worn where the seal fits the head, and must be worn the correct way.
- 3.6 Ensure hands are clean when using types of ear protection, and store ear protection in a clean container.

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ATTENTION SHEET

Talk No. 5	
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All operatives **listed and signed** below Box Talk.

Date

NAME